## Groupon, Inc. Health Fair

## **GROUPON**<sup>™</sup>

Wellness Guide

AnyPerk Chicago, IL, 60606 415 969 6846 x429

AnyPerk is your corporate perks provider where you can gain access to 850+ discounts! From preferred pricing on gym memberships to discounts on movie tickets and even childcare services, AnyPerk has something for everyone. If you don't see a perk on our platform you would like a discount to, you can request it online and our team will try to negotiate it for you!

BCBS of IL Chicago, IL, 60606 217 592 7366

Blue Cross Blue Shield of Illinois Blue Points Rewards for Healthy Living

We understand how hard it can be to maintain a healthy lifestyle. Sometimes you may need a little motivation. That's why we offer Blue Points to keep you climbing toward your wellness goals. With the Blue Points program, you will be able to earn points by regularly participating in a range of healthy activities. You can then redeem your points for popular health and wellness merchandise and services. Log on to www.wellontarget.com to access all of the interactive tools and programs to start racking up Blue Points. Check out the online Shopping Mall with an array of rewards to help keep you motivated.

Benefit Resource, Inc. Rochester, NY, 14623 585 424 5200, ext. 141

Benefit Resource, Inc. (BRI) provides innovative and dedicated administration of tax-free benefit programs including: Commuter Benefit Plans, Flexible Spending Accounts, Health Reimbursement Accounts, Health Savings Accounts and COBRA Administrative Services. BRI is a leader in card technology and one of the only administrators to offer a single card for health care and commuter benefits.

CKF Acupuncture 1545 Waukegan Road Glenview, IL, 60025 224 310 0847 CKFacupuncture.com

CKF Acupuncture believes in acupuncture as a holistic approach to health that optimizes the body's natural healing ability. We will work with you in a partnership on your road to wellness

Dermio Chicago, IL, 60622 773 580 4224 www.dermio.com Equinox Chicago, IL, 60606 312 252 3100

From state-of-the-art studios dedicated to conditioning, cycling, Pilates and yoga, to renowned instructors and personal trainers, to luxury amenities designed for deep rejuvenation, each of our clubs is an iconic fitness and wellness destination. Let Equinox help inspire you to maximize your potential and achieve greater balance, both at work and home. It's not fitness. It's life.

Here's the Rub Chicago, IL, 60657 773 771 3404 Herestherub-llc.com

We offer mind/body experiences and educational opportunities. Get on the table for an introduction to the tangible bridge between mind, body and spirit via a brief Reiki demo. Then attend an experiential workshop to understand how you interact with the world at the most basic level. Everyone stands to benefit from becoming energy literate and learning how to incorporate the valuable information available all around you into daily life.

MetLife Chicago, IL, 60606 630 978 5899 Movement Physical Therapy and Wellness Chicago, IL, 60611 312 527 9201 www.movementphysicaltherapy.com

Movement Physical Therapy was established in 2011 to provide patient centered, goal directed treatment.

Movement Physical Therapy was founded with the concept of educating and empowering each patient to work past physical limitations and to assist them in achieving their goals. We are compassionate about your condition and passionate about getting you better.

We understand that each condition is unique and requires individualized care and treatment and sway away from the cookie cutter big box approach to therapy. Therefore, we will provide one-on-one care throughout each physical therapy session that is tailored to your specific condition and needs.

RightFit Personal Training, LLC Chicago, IL, 60661 847 337 9401 www.rightfitpersonaltraining.com

We match people with independent personal trainers all over the country. We also help create corporate fitness classes for companies in all fields.

Sproing Sport Chicago, IL, 60614 712 251 3383 www.sproingsport.com

Train Hard, Land Soft on our soft surface trainer. Cardio, Strength, Power, Balance, Core. The most intense 45 minutes you'll have with your clothes on!

Vein Clinics of America 211 E. Ontario St., #925 Chicago, IL, 60611 224 725 0493 http://www.veinclinics.com/

We are the largest group in the country specializing exclusively in vein disease treatment. Established in 1981, the network physicians of Vein Clinics of America believe that pursuing excellence in the treatment of vein disorders requires a full-time commitment.

Our network physicians specialize in phlebology, the medical specialty of treating vein disease. They are highly recognized for their published research and many work as lecturers and trainers in the field of vein treatment around the world.

VSP Chicago, IL, 60606 312 651 7966

West Loop Spine & Stability Chicago, IL, 60607 312 928 9282 www.wlspine.com

West Loop Spine & Stability is the premier resource for Chiropractic, Acupuncture, Spinal Decompression, Massage Therapy, Musculoskeletal Injuries, Sports Rehabilitation, and Pregnancy care all housed under one roof. It is our mission to provide the most current, effective, progressive, and individualized care for each of our patients. No two bodies are the same therefore, all treatment provided at West Loop Spine & Stability is truly patient centered and specific to your personalized needs. Please do not hesitate to contact us with any questions or to schedule a visit. We look forward to helping you reach your health goals!

## **Thank You for Attending**

